Any dive from a group may be designated as a **voluntary** dive. It will be assigned its DD up to 1.8.

 Any voluntary dive with a DD **greater** than 1.8 will be assigned a DD of 1.8. (Voluntary = Required)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **1 Meter Dive Table** **Forward Dives**  |  |  **C**  **Tuck**  |  **B**  **Pike**  | **A** **Straight**  | **D** **Free**  |
| 101  |  Forward Dive  | 1.2  | 1.3  | 1.4  | ---  |
| 102  |  Forward 1 SS  |  1.4  | 1.5  | 1.6  | ---  |
| 103  |  Forward 1½ SS  |  1.6  | 1.7  | 2.0  | ---  |
| 104  |  Forward 2 SS  | 2.2  |  2.3  | 2.6  | --- |
| 105  |  Forward 2½ SS  | 2.4  |  2.6  | ---  | ---  |
| 106  |  Forward 3 SS  | 2.9  | 3.2  | ---  | ---  |
| 107  |  Forward 3½ SS  | 3.0  | 3.3  | ---  | ---  |
| 112  |  For’d Flying1 SS  |  1.6  | 1.7  | ---  | ---  |
| 113  |  For’d Flying 1½ SS  |  1.8  | 1.9  | ---  | ---  |
| **Back Dives**  |  |  **C B**  |  **A**  |  **D**  |
| 201  |  Back Dive  | 1.5  | 1.6  | 1.7  | ---  |
| 202  |  Back 1 SS  | 1.5  | 1.6  | 1.7  | ---  |
| 203  |  Back 1½ SS  | 2.0  | 2.3  | 2.5  | ---  |
| 204  |  Back 2 SS  |  2.0  | 2.3  | ---  | ---  |
| 205  |  Back 2½ SS  |  3.0  | 3.2  | ---  | ---  |
| **Reverse Dives**  |  | **C B**  |  **A**  |  **D**  |
| 301  |  Reverse Dive  | 1.6  | 1.7  | 1.8  | ---  |
| 302  |  Reverse 1 SS  | 1.6  | 1.7  | 1.8  | ---  |
| 303  |  Reverse 1½ SS  | 2.1  | 2.4  | 2.7  | ---  |
| 304  |  Reverse 2 SS  |  2.1  | 2.4  | 2.9  | ---  |
| 305  |  Reverse 2½ SS  |  3.0  | 3.2  | ---  | ---  |
| **Inward Dives**  |  | **C B**  |  **A**  |  **D**  |
| 401  |  Inward Dive  | 1.4  | 1.5  | 1.8  | ---  |
| 402  |  Inward 1 SS  | 1.6  | 1.7  | 2.0  | ---  |
| 403  |  Inward 1½ SS  | 2.2  | 2.4  | ---  | ---  |
| 404  |  Inward 2 SS  | 2.8  | 3.0  | ---  | ---  |
| 405  |  Inward 2½ SS  |  3.1  | 3.4  | ---  | ---  |
| 412  | Inward Flying SS  | 2.0  |  2.1  | ---  | ---  |
| 413  |  Inwd Flying 1½ SS  |  2.7  |  2.9  | ---  | ---  |
| **Twist Dives**  |  | **C B**  |  **A**  |  **D**  |
| 5111  |  Forward Dive, ½Twist  | 1.6  | 1.7  | 1.8  | ---  |
| 5112  | Forward Dive, 1 Twist  |  ---  |  1.9  | 2.0  | ---  |
| 5121  | Forward 1 SS, ½ Twist  |  ---  |  ---  | ---  | 1.7  |
| 5122  | Forward 1 SS, 1 Twist  | ---  | ---  | ---  | 1.9  |
| 5124  |  Forward 1 SS, 2Twists  | ---  | ---  | ---  | 2.3  |